

SPRING BREAK 2009 ACTIVITY LISTING (MARCH 20 THROUGH 29)
- BY CITY AREA & PROGRAM HOST FOR PORTLAND, OR

New Columbia Spring Break Calendar

4430 N Trenton St, Portland, OR 97203 (503) 853-8678

Monday, March 23 rd	Tuesday, March 24 th	Wednesday March 25 th	Thursday, March 26 th	Friday, March 27 th
<p>University Park Community Center Day Camps for youth ages 4 – 12 yrs (9am – 5pm) Early bird child care (7am-9am) Scholarships available</p> <p>Boys & Girls Club Hours --8am – 6pm Science, Athletic and Art Camps 6-11yrs (8am – 11am) Lunch served at 11:30am</p> <p>Talent Show Try Outs at 6-18yrs (1pm-2pm)</p> <p>My Story Photography workshop Boys & Girls Club 11-15yrs (1pm – 3pm)</p>	<p>University Park Community Center Day Camps for youth ages 4 – 12 yrs (9am – 5pm) Early bird child care (7am-9am) Scholarships available</p> <p>DJ Academy ages 14-18yrs (7:30pm-8:30pm)</p> <p>Boys & Girls Club Hours--8am – 6pm Science, Athletic and Art Camps (8am – 11am) 6-11yrs Lunch served at 11:30am</p> <p>Talent Show Try Outs 6-18yrs (1pm-2pm)</p> <p>My Story Photography workshop Boys & Girls Club 11-15yrs (1pm – 3pm) New Columbia Fun Field Trip (11am-5pm)</p>	<p>University Park Community Center Day Camps for youth ages 4 – 12 yrs (9am – 5pm) Early bird child care (7am-9am) Scholarships available</p> <p>Skate Team ages 14-18yrs (5pm-8:30pm)</p> <p>Boys & Girls Club Hours--8am – 6pm Science, Athletic and Art Camps (8am – 11am) 6-11yrs Lunch served at 11:30am</p> <p>Talent Show Practice 6-18yrs (1pm-2pm)</p> <p>My Story Photography workshop Boys & Girls Club 11-15yrs (1pm – 3pm) New Columbia Career Field Trip (10am-5pm)</p>	<p>University Park Community Center Day Camps for youth ages 4 – 12 yrs (9am – 5pm) Early bird child care (7am-9am) Scholarships available</p> <p>DJ Academy ages 14-18yrs (7:30pm-8:30pm)</p> <p>Boys & Girls Club Hours--8am – 6pm Science, Athletic and Art Camps (8am – 11am) 6-11yrs Lunch served at 11:30am</p> <p>Talent Show Practice 6-18yrs (1pm-2pm)</p> <p>My Story Photography workshop Boys & Girls Club 11-15yrs (1pm – 3pm)</p>	<p>University Park Community Center Day Camps for youth ages 4 – 12 yrs (9am – 5pm) Early bird child care (7am-9am) Scholarships available</p> <p>Food Handling Test 14-18yrs (6pm-8pm)</p> <p>Boys & Girls Club Hours--8am – 6pm Projects on Display (8am-10am) All ages welcomed Lunch served at 11:30am</p> <p>Celebration Carnival with games and prizes, all day</p> <p>Talent Show (3pm) All ages welcomed</p> <p>Nightscape for Teens (6:30pm-11pm) Positive Youth-Mt Hood Trip Day Trip or overnight trip to Mt. Hood. Leave Friday, come back Saturday</p>

For Additional Information call: University Park— 503.823.363 Regence Boys & Girls Club 503.853.8678 New Columbia/ My Story 503.289.6089 Positive Youth Development 503.287.7338

Information provided to the Office of Youth Violence Prevention through multiple public service and private non-profit organizations.

City of Portland Office of Youth Violence Prevention

Director Rob Ingram ♦ 449 NE Emerson ♦ Portland, Oregon 97211

For Contact: ♦ (503) 823-4180 ♦ FAX (503) 823-3004 ♦ email: tpavey@ci.portland.or.us



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SE Portland

PAL *Portland Police Activities League*

Phone: 503-256-3479

Fax: 503-261-1901

E-mail: mike@palkids.org

YOUTH CENTER

Address:

424 NE 172nd

Portland, OR 97230

SPRING BREAK 2009

March 23-26, 10:30am-5:30pm

March 27, 10:30am-3:30pm

PAL Youth Center Safe Haven Spring Break activities are open to youth ages 8 through high school. Activities include: basketball, soccer clinic & tourney, movie marathons, x-box tourney, billiards, teen activities, art projects, Fear Factor Friday and special field trips to Mt. Hood for sledding, horseback riding, swimming, blazer games and hiking.

Permission slips for field trips will be available beginning March 16 at 2:30pm. Space is limited and can not be reserved over the phone.

There is a \$5 fee for the week (one day or all five) for non-PAL members. Spring Break membership applications are available on-site at the Youth Center, on-line at www.palkids.org, or by calling 503-256 3479.

INFORMATION R REGARDING CURFEW LAW

Children and youth can also be stopped for curfew violations.

- **Under 14, not yet in high school:** School days - 9:15 p.m. to 6 a.m.; Non-school days - 10:15 p.m. to 6 a.m.
- **14 or older, in high school:** School days - 10:15 p.m. to 6 a.m.; Non-school days - 12 midnight to 6 a.m.

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Portland Parks & Recreation Spring Break Programs, Camps & Classes for Youth - March 23-27, 2009

East Portland Community Center – 740 SE 106th 503-823-3450

- 3 on 3 Basketball Tournament. \$15.00 per team
 - Tournament will be broken into two categories (11-14 and 15-18) and will run 2-3 days ending on Friday March 27th as a Teen Night Championship Event (and dance). Musical Pleasure brought to you by the UPCC DJ Academy
 - Registration starts Monday March 9th and ends Friday March 20th.
- **Additional teen programs:**
 - Bouldering (Monday 5-8)
 - Skate Team (Tue 5-9/Sat 12-5)
 - Comics (Fri 4-6)
 - Gardening Fri (3:30-5:30)
 - Volunteer Crew (TBA will calendar Spring Break Volunteer Opportunities)
 - Youth Fitness (Wed/Fri 3:00-5:00pm)
 - Drop In Programs/Options:
- **Fitness Center**
 - Swimming Pool & Open Swim (call for open swim times)

Peninsula Park Community Center – 700 N Rosa Parks Way 503-823-3620

- Monday 3/23: Night at the movies
- Tuesday 3/24: Fear Factor Night.
- Wednesday 3/25: 3 on 3 basketball tournament
- Thursday 3/26: Girls Night: singing, dishing the latest dirt, doing nails, making yummy smoothies and much, much more! For the boys: PlayStation Night
- Friday 3/27: Fantastic Friday Luau. Tiki smoothie hut: drinks, games, arts, crafts, prizes.
- Cost: Free.

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Mt. Scott Community Center – 5530 SE 72nd 503-823-3183

- Open Gym Basketball, Monday-Friday, 3-5:30 (Free!)
- Teen Volunteer Corps, Wednesday, 5-6pm (Free!)
- Open Skate, Monday-Friday, 12-2:30 & 3-5pm, Saturday'noon-3, \$2 admission, \$1 skate rental
- Open Swim (Leisure Pool Only), Monday-Friday, 1-6:30pm, Monday-Thursday, 7-8:30pm, Saturday 1:30-6:30, Sunday 1:30-5:30, drop-in
- Fitness Center, Monday-Friday, 5:30am-9:30pm, Saturday 7am-7pm,
 - Sunday noon-6, drop-in
 - Basketball, Saturday 1:30-2:30pm, Sunday, 2:30-4, drop-in
 - Badminton, Saturday, 2:30-4:30pm, drop-in
 - Volleyball, Sunday, noon-2pm (13 & up), drop-in
 - Drop-in at MSCC is \$3.75 for teens

Southwest Community Center – 6820 SW 45th 503-823-2840

- Outdoor Adventure Camp - The Outdoor Adventure Camp incorporates outdoor recreation opportunities with skill building workshops in a fun and nurturing environment. Age appropriate skill sets teach kids the importance of safety and preparation for a variety of adventure activities. TOPICS INCLUDE: Day Hikes, Rock Climbing, Trip Planning, Shelter Building, Wilderness Preparedness, Map & Compass, Wilderness First Aid March 23-27; 9 am-4 pm Pick up and drop-off at the SWCC - \$105/person, ages 12-17
- Course #: 289389
- Hip Hop Class - Smooth out your groove with easy to learn contemporary hip hop moves. Come join us every Friday night and learn how to move to your favorite songs. Friday 7:45 - 8:45, Free
- Open Swim
 - Drop in rates apply
 - 1:00pm - 4:00pm Monday — Friday
 - 7:30pm - 9:00pm Monday - Friday (free on Friday for teens)
- Open Gym
 - Drop in rates apply
 - 5:30pm - 7:30pm Monday — Thursday
 - 5:30pm - 10:00pm Friday (free for teens) o 10:00am - 9:00pm Saturday
 - 10:00am - 4:00pm Sunday
- Friday Night Live - Snacks, video games, air hockey, foosball, ping pong, basketball, challenges, arts and crafts, and much more! Friday 6:00pm - 10:00pm, Free

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Matt Dishman Community Center - 77 NE Knott 503-823-3673

Monday: Ping-Pong Tournament, 1:00pm

Tuesday: Pool Tournament, 1:00pm

Wednesday: 3 on 3 basketball tournament, 1:00pm + 3 point shoot-out • Thursday, 12:00pm, NBA Live Tournament Friday, 2:00pm.

* All activities are for boys and girls ages 11-18 and there will be first and second place prizes.

Montavilla Community Center – 8219 NE Glisan 503-823-4101

Spring Break Camp, 1-4pm (\$10/day or \$40/week)

Monday: mixed sports

Tuesday: swimming at East Portland Community Center

Wednesday: bouldering

Thursday: disc golf

Friday: hiking

Saturday: basketball, 1-3pm

3X3 Basketball Tournament: Wednesday & Thursday (2:30-5:30), \$2/person

University Park Community Center – 9009 N Foss 503-823-3631

➤ Lee Jenkins Youth/Teen Lounge: M-F 12pm-4pm S 1 pm-3pm

➤ Open Gym M-F 2pm-6pm S skills development 10am-12pm

➤ Teen Night Saturday 7pm-11 pm

➤ Boxing Class T/Th 5:15pm - 6:30pm

➤ Roots Ranch Overnight camping Sat 21st 9am – Monday 23rd 5pm

➤ Food Handlers class \$10 285400 F 3/27 6pm-8pm

Spring Break Adventure Camp - March 23 through 27 - To Register 503-823-2525

Or register online at www.PortlandParks.org/register Select “Activities” and type in course # 289287

Join us for a fun packed week of exciting adventures! From hiking at Silver Falls State Park to canoeing the Willamette River, snowshoeing on Mt Hood and playing at the beautiful Oswald West Short Sands beach. We'll have an adventure ready every day!

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Portland Parks and Recreation Spring Break Activities – For Teens with Special Needs

March 26

Thursday 11:00 am - 3:00 pm

Portland Tennis Center,

324 NE 12th

Buses #12, #19 #20 and MAX are within three blocks.

Resident \$15/Non-resident \$

Take A Guided Tour and Learn

About Baking

Age: 12 through High School

Have you ever wondered how the bread that you eat is made? Come and watch hot loaves come out of the oven, down conveyer belts and into bags that then go to your neighborhood store. Enjoy the fresh smell of items as they are baked. There will be a lot of walking on this outing and it is loud in the bakery. The location is wheelchair accessible. You are required to wear closed-toed shoes that are skid proof, like a tennis shoe. Bring \$10 for lunch out. Please note this is not a Saturday outing. Course #282876 Scholarships

Offering community-based recreation activities and leisure services specially designed for children, teens, and adults who have a disability and/or special needs. Our services are designed to assist people in developing and using their leisure time in ways that enhance their health, well-being, and independence.

AIR Office • 426 NE 12 Ave • Portland, OR 97232 • 503-823-4328

City of Portland residents and non-residents, regardless of age, who require financial assistance can apply for partial scholarships for AIR activities. Contact Debbie at 503-

823-4328. See additional program available: [www. http://www.portlandonline.com/parks/index.cfm?c=39830&a=233692](http://www.portlandonline.com/parks/index.cfm?c=39830&a=233692)

Native American Youth and Family Center – 5135 NE Columbia

Spring Break Camp: March 23 - Friday, March 27 9:00 am-4:00 pm @ NAYA Family Center for 4th-8th grade students, space is limited, please sign-up by *Friday, March 13*

- Fieldtrips, service learning projects and fun activities
- Lunch will be provided everyday

For more information, contact: Daniel Rowell, Academic Specialist 503-288-8177 Ext. 212 danielr@nayapdx.org

Arts Night: Dance Class

@ NAYA Family Center, Starts on March 23, 2009 at 6:00PM, Ends on March 23, 2009 at 8:00PM

Cultural Arts night is a time for the Native American/Alaskan Native community to come together to learn and share their culture. It is also a night to invite people of varying nations and backgrounds to learn more about NA/AI culture and share theirs as well.

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Youth Empowerment Group

@ **Room 204** Starts on March 24, 2009 at 4:30PM, Ends on March 24, 2009 at 6:00PM

YEG will serve as education tool for youth whom want to practice positive leadership skills in the community. Members will participate in the 9 week program that consists of, 7 weeks of empowering subject matter and fact finding, followed by 2 weeks of outreach implementation. The final community outreach project will be derived from participating youth and the needs of the community. Contact Jeffrey McGee ext. 282 for more information.

High School Circle

@ **ECA Classroom** Starts on February 4, 2009 at 4:30PM Ends on June 10, 2009 at 6:00PM Reoccurs weekly on Wednesday. Eligible to all NAYA youth in high school. High School Circle helps develop social, emotional, and cognitive competence, and the skills youth require to interact with peers and adults positively, intercept risky behaviors, and avoid violent situations. High School Circle utilizes a group dynamic to integrate life skills and empower the youth while building additional abilities, such as: conflict management, anti-bullying, peer mediation, communication, social network building, violence prevention, and gender-specific and culturally specific support.

Family Night - Youth Services

@ **NAYA Cafetorium** Starts on March 25, 2009 at 6:00PM Ends on March 25, 2009 at 8:00PM

Bow & Arrow Culture Club

at **NAYA Cafetorium** Starts on March 27, 2009 at 7:00PM Ends on March 27, 2009 at 9:30PM

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